IOWA COUNTY HEALTH DEPARTMENT
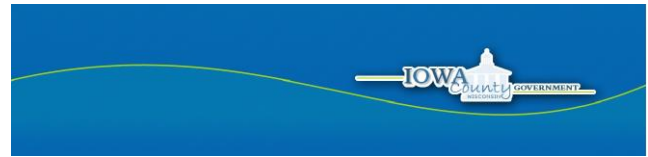
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For Immediate Release

Iowa County Health Department
Director/Health Officer Debbie Siegenthaler RN, MSN

Iowa County COVID-19 Update

Iowa County –The Iowa County COVID 19 Response Team wants to thank every resident who is doing their part in following the **#SaferAtHome** order and practicing social distancing. We are grateful for your efforts as we know it has caused significant disruptions and is challenging in many ways. The efforts you are taking is reducing transmission and the risks to our vulnerable citizens. The work we do now and over the next weeks is saving lives. Thank you for being part of the COVID 19 response team.

We want to remind everyone that we are in this together. While you may not be able to be in the same room with your support system and the people you love, you can and should still call or video chat with them. The COVID-19 pandemic and the resulting changes to our lifestyles can make anyone anxious or even depressed. Do not hesitate to ask for help if feeling overwhelmed. Call 800-985-5990 to speak to a trained crisis counselor or text TalkWithUS to 66747.

We also want to thank the community for the outpouring of offers to help or donate. We are working on compiling a list of all the needs we have so we can match people wanting to help to those that need it.
There are several ways to donate and/or volunteer:

- Please bring your new, unused PPE to the Iowa County Health & Human Services building between the hours of 8 AM and 8 PM Monday through Friday. These items will be used to keep our frontline health care workers and responders safe!
- United Fund of Iowa County http://unitedfundiowacounty.org/Welcome.html
- COVID-19 Grocery Options in Iowa County https://adrcswwi.org/iowa/wp-content/uploads/sites/5/2020/03/Iowa-County-Grocery-Store-List.pdf
- Local food pantries:
  - SWCAP http://swcap.org/covid19.html
  - Second Harvest https://www.secondharvestmadison.org/
- Check out Upland Hills Health website for many opportunities to help https://www.uplandhillshealth.org/

Iowa County Case Update

3	Positive Test Results in Iowa County
82	Negative Test Results in Iowa County
1221	Positive Test Results in Wisconsin
16,550	Negative Test Results in Wisconsin
14	Deaths in Wisconsin

For a broader picture of the number of cases, see https://www.dhs.wisconsin.gov/outbreaks/index.htm

- **What to do if you are sick?**
  If you have a cough, fever, shortness of breath, sore throat, runny nose or headache
  Isolate yourself at home and call your regular health care provider.
  They will ask about your symptoms, your recent travel history, and will determine if you need to be tested. If your symptoms are severe (trouble breathing, persistent pain or pressure in the chest, new confusion or inability to arouse, bluish lips or face) or you feel like you need medical care, <u>call</u> before you go to a doctor's office, urgent care, or emergency room.
  If you have a medical emergency, call 911 and tell the dispatcher about your symptoms. This will allow health care providers to prepare adequately
  - **Self-Care and When to Seek Medical Care:** residents who are not critically ill, should stay home and manage their symptoms.

- **Upland Hills Health Hospital and Clinics:**
  - **Effective 3/30** - UHH Clinics in Dodgeville, Mineral Point and Mt. Horeb will be open 9 AM-3 PM Monday-Friday. These hours will remain in effect until further notice.
  - No Visitor Policy at Hospital and Nursing & Rehabilitation Center
    - For the safety of our patients, healthcare workers and the community visitors are not allowed on the Upland Hills Health campus at 800 Compassion Way in Dodgeville. Visitors over the age of 16 years of age may be allowed in following circumstances with permission of the nurse lead or house supervisor:
      - Birth Center, labor and delivery
      - End of life
      - Pediatric patients requiring a parent
    - Visitors must undergo a health screening and will not be allowed entry with an elevated temperature, symptoms or exposure to COVID-19.

Important Sources of Information

- **211 Wisconsin** is an easy and helpful resource for COVID 19 questions. Simply call 211 from your phone https://211wisconsin.communityos.org/
- **For localized information**
Please monitor the following Social Media sites:
Iowa County Public Health on Facebook - https://www.facebook.com/iowacountyhealthdepartment/
Upland Hills Health on Facebook - https://www.facebook.com/UplandHillsHealthHospital/
Iowa County Emergency Management on Twitter - https://twitter.com/ICEMWI
Iowa County Emergency Management on Facebook - https://www.facebook.com/icemwi/
Monitor the following websites:
Iowa County Health Department https://www.iowacounty.org/departments/HealthDepartment
Upland Hills Health https://www.uplandhillshealth.org/patient-visitors/covid-19-novel-coronavirus-information/
WI Department of Health Services (DHS) https://www.dhs.wisconsin.gov/outbreaks/index.htm
Centers for Disease Control and Prevention (CDC) https://www.cdc.gov/coronavirus/2019-ncov/index.html

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